



Progression of Skills

At St Faith's, it is our intent to encourage children to have high expectation and to think beyond what they can physically do now so that they strive to develop a lifelong love of sports with the knowledge and understanding of how to lead a healthy and active lifestyle. It is our belief that our curriculum is progressive and is designed to include both challenge and support so that children of all ages and abilities can succeed in PE.

Through using real PE we hope to develop the 'whole child' in a broad and holistic approach which develops a range of personal, social, physical, health and fitness, cognitive and creative abilities. From this we hope to provide opportunities that build character and help to embed our school values.

