



St Faith's



Church of England
Infant and Nursery School

Catering for Pupils with Food Allergies and other Special Dietary Requirements Policy

“Our inclusive St Faith’s family strives to enable all to achieve their full potential and inspire a community of hope and friendship. We seek excellence by ensuring a safe, respectful and flourishing learning community, where differences are celebrated and our genuine love and high expectations make a difference to all.”

“Aspire not to have more, but to be more.” (Oscar Romero)

Introduction

As a Church School, the distinctive Christian values of respect, compassion, trust, justice, friendship and community are promoted through the experiences we offer to all our pupils, to give pupils the knowledge, skills and understanding that they require to lead confident, healthy and independent lives. We promote the teaching and understanding of fundamental British values in order to prepare pupils for life in modern Britain. We positively teach the values of democracy, the rule of law, individual liberty, mutual respect for and tolerance of those with different faiths and beliefs and for those without faith. Teaching the fundamental British values helps the children to become informed, active and responsible citizens.

This policy outlines the purpose, nature and management of **Food Allergies** in our school. It reflects the consensus of opinion of all members of staff. It is based on current practice and has the full agreement of the governing body. The implementation of this policy is the responsibility of the Head teacher, teaching staff and support staff. It is our collective responsibility to raise awareness and that all policies are known, understood and used in an appropriate way.

Provision

At this school, all school meals are provided by an outside provider called Good Lookin’ Cookin’. Meals are ordered through their website www.goodlookincookin.co.uk. On the website, there is a link to their food allergens report which indicates to parents the type of allergens which may be present in any particular dish on their menu. It is the responsibility of the child’s parent/carer to liaise with Good Lookin Cookin regarding allergies and intolerances. The Good Lookin’ Cookin’ website states:

We are happy to help with a child’s dietary requirements, but this responsibility must be shared between GLC, the school and the child’s parent. Together we can ensure that the child only receives food that is suitable for their diet. Although we are happy to provide dietary required meals some of our ingredients are externally sourced so therefore we cannot guarantee 100% against any allergy. If your child has any special dietary requirements, please contact us directly.

We ensure that we follow allergy guidance <https://www.gov.uk/government/publications/school-food-standards-resources-for-schools/allergy-guidance-for-schools> .

Safeguarding procedures

At St Faith’s we have a positive culture of safeguarding, with effective policies and procedures in place. Our safeguarding procedures are outlined in our Child Protection and Safeguarding Policy, which can be found on our website <https://stfaithscofe.secure-primariesite.net/safeguarding-information-and-policies/>.

Review

Reviewed and approved by the governing body on:-	September 2025
Signed (Chair of Governors)	Emile Van Der Zee
Signed	Hayley Palmer
Date for next review	September 2026

Appendix i

Allergy procedures

- It is the parents' responsibility to inform the school of a child's allergy, the symptoms to look out for, the medication to hold in school and the procedure by which this needs to be administered. All of this information must be included on the School Admission Form. Once we have this information, if medication or an EpiPen is required, a Health Care Plan is drawn up, with the family and Hayley Palmer, our SENDCo.
- If a pupil has prescribed medication to manage any allergic reactions, for example an auto injector or antihistamine, these medications must either be left in school or brought into school EVERYDAY. This is the responsibility of the child's parent. All medication should be in a bag and labelled with the child's name. School staff will ensure that this bag is kept nearby at all times (including being taken down to the hall at lunchtime).
- If teachers have a child with an allergy in their class, they must ensure that all relevant staff are informed.
- The Administrator and SENDCo make sure that the lunch staff and Fireflies staff are aware of children with allergies and Health Care Plans.
- Whenever we have children in school who have an EpiPen, we have staff training for all relevant staff.
- Class staff and lunch staff are made aware of the allergy, as well as other relevant staff e.g. SLT, Forest School Leaders.
- Any food or drink that is served in the classrooms is suitable for children with allergies e.g. in Reception the children who are dairy free have their milk at the table, rather than on the carpet with the other children.
- Lunch menus highlight the allergies.
- All children with any allergy wear a yellow lanyard into the hall, even if they are a packed lunch.
- All classroom medical bags are taken to the hall at lunchtime e.g. for EpiPens. These are out of reach of the children.
- Children with severe allergies are seated appropriately at lunch e.g. sometimes with a barrier around them, or at the table closest to the servery.
- The food for these children is packaged separately from GLC. This is served first, followed by vegetarians and then the main meals. If children have severe allergies, the gloves are changed before serving the child.
- Children with allergies are served their meal on a yellow plate or bowl, even if their meal isn't a special allergen meal.
- The children with allergies are served their pudding first. In some cases, this is provided by GLC in separate packing. It is placed in front of the child, and they are told that is their pudding. If it is a main pudding with a variation, e.g. dairy free cream, it is placed in front of the children and told it is their pudding. Their name is spoken to ensure the child knows it is theirs. Again, yellow plates or bowls are used.

Appendix ii
Staff Training

As part of their Induction, lunch staff read the 'Allergen Booklet' produced by Learning Solutions (see Appendix) and complete the work book. They are delivered Allergy Training from GLC.

Medical lists are updated and circulated if a pupil with a food allergy joins the school after September.

EpiPen training is provided for all relevant staff (e.g. lunch staff, staff working in the year group of that child) annually.